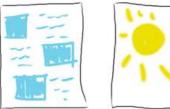


Good Luck Ducks!

These goofy birds can use any 2D material you can use, all you need to do is get creative!

1.Every duck is make of three parts (the beak, the body, and the wing). Take a look around your house for papers with interesting images. You could use flyers, paper that has been drawn on or old art pieces--test anything you want!







2. With three different pieces of paper, draw a beak, a body, and a wing shape on each paper. Cut out with scissors.

3. Using glue (glue stick or white glue), attatch them all together.

4. If you want to add more special touches, you can use a sharpie, paint, or oil pastel crayons to draw on top of it.

5. Make more! Be creative with what you find! The ducks in this example here were made with watercolour bodies, and dried paint peelings for the wings and beak. Maybe you can use old mail, or wrapping paper, or fabric or old paint skins. The more you make, the better you will be at it!

Put these on your window to share with people outside, mail them to your friends, or give them to someone who needs cheering up!







NSCAD'S AWESOME **ACTIVITY BOOK**

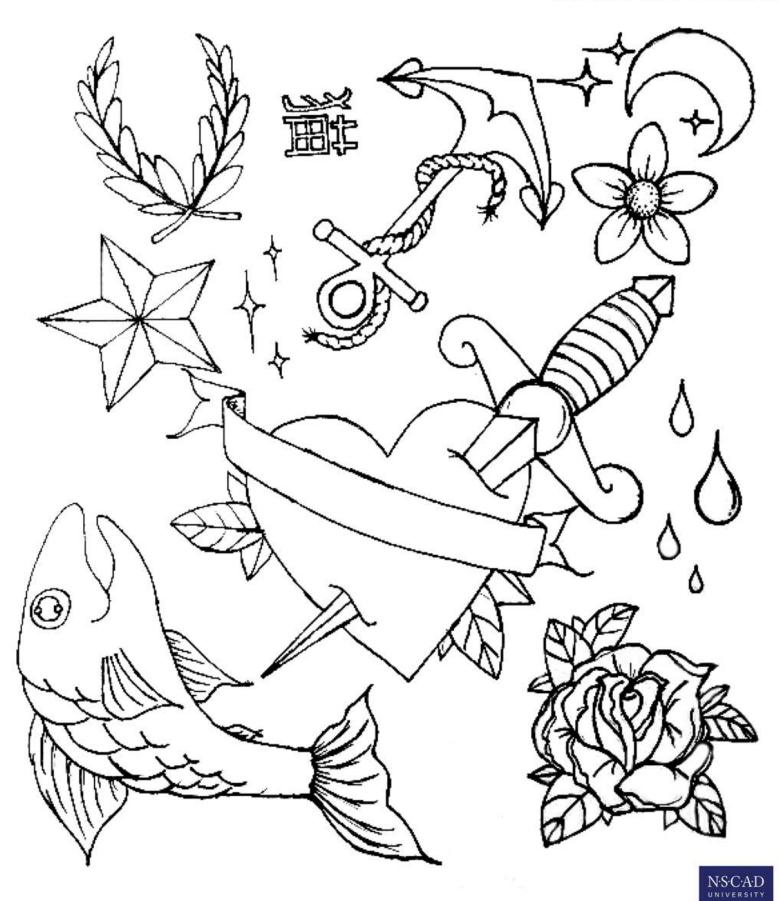




Tattoo Colouring Page!

NSCAD'S AWESOME ACTIVITY BOOK

School of Extended Studie



BY QUINN ROSS

Making Pom-Poms

page 1

NSCAD'S AWESOME **ACTIVITY BOOK**

Make your own Pom Poms! Can be used as is, string on a thread and make a garland or glue together and make fun pom pom animals.

To begin:

Trace off 2 circles of the same size and cut a whole in the middle of both. You can use any cardboard you have lying around (this is a pizza box). Note that the size of the circle and whole are what determine the size of your pom pom so bare this in mind.



Take your two circles and hold them together then wrap scrap yarn around the circle until you have almost filled the center whole. Make sure you are overlapping them as you go.



When your centre circle is all full take some pointy sharp scissors and cut in between your two cardboard circles.



BY SARAH MCKINNELL

Making Pom-Poms

page 2

NSCAD'S AWESOME ACTIVITY BOOK



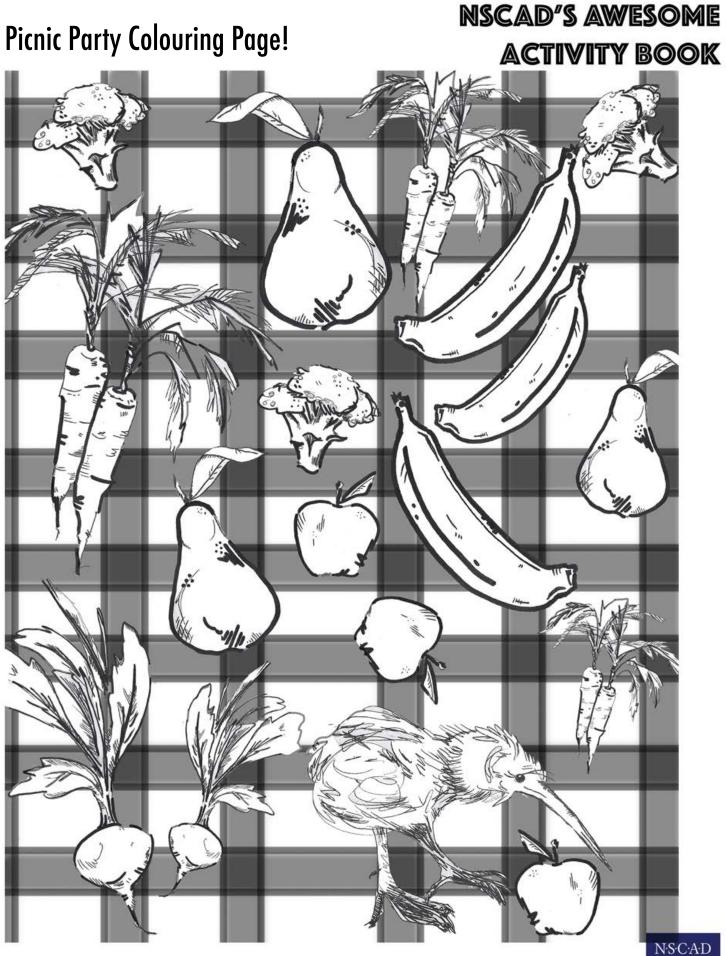
Take a long piece of string and place it in between you circles around all the yarn ends. Pull tight on the string and make a knot. This is what is going to hold your pom pom together so make sure it is nice and tight.



Now you can remove your cardboard templates by cutting them and you have your pom pom. At this stage you can trim around and fluff up all the ends to make a nice circle. Repeat until you have a whole pom pom gang!

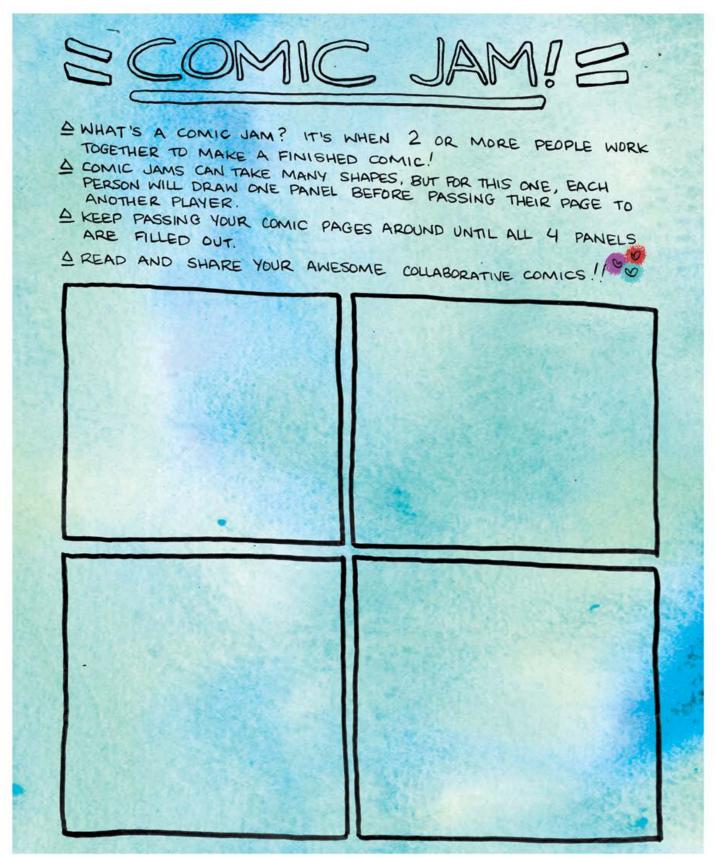


BY SARAH MCKINNELL





NSCAD'S AWESOME ACTIVITY BOOK





shrinking art

NSCAD'S AWESOME ACTIVITY BOOK







Before & After

Cut out shapes& punch holes

ink jet film to print images

MATERIALS NEEDED:

SHRINK FILM OR #6 PLASTIC (from food containers)

- permanent markers for colouring
- rubbing alcohol (for mistakes)
- hole punch, scissors
- oven, tin foil, baking sheet
- string, key rings, pipe cleaners to finish

WHERE TO PURCHASE SHRINK FILM:

Amazon: https://www.amazon.ca/Graphix-Shrink-Film-White-8-5x11/dp/B000KNPKIE

Deserres: https://www.deserres.ca/en/gshrinkf

INSTRUCTIONS: (heat oven to 300F)

- 1. CUT the shape of your shrinkie out of the plastic (3"X3" shrinks to approximately 1.5" X1.5")
- 2. COLOUR and DRAW with permanent marker. If you make a mistake, no problem. Use rubbing alcohol to erase.
- 3. HOLE punch BEFORE you shrink
- 4. BAKE on tinfoil lined baking sheet. Lay shrinkie coloured side up. Bake for about 1-1.5min.
- 5. WATCH it wiggle and curl! It's done when it lays flat (Can flatten with spatula when warm if necessary)
- 6. LET it COOL
- 7. MAKE pendants, charms, key chains, ornaments and more...

SPECIAL NOTES:

- Can add stickers after it's baked.
- Writing turns out super cool.
- Have Fun!

BY CATHERINE ALLEN

