



Safe Work Practice SWP: Use of Face Mask

Safe Work Practice

The following safe work practice is generic, and may not apply to all forms of face masks. This SWP has been created for members of the NSCAD community who use a non-medical mask.

The owner's manual/operating guidelines, for different types of masks must be reviewed and followed for the specific mask you may be using to ensure proper use. All other directives identified by the NSPH, such as social distancing, must be followed.

The following practices should be followed for mask usage:

- DO check to make sure mask and face protection has no defects, such as tear or torn strap or ear loop.
- DO ensure mask covers your mouth & nose.
- DO remove mask correctly-pull away from face in downward motion.
- DO dispose of mask into waste receptacle by touching only ear loops or ties. (Please note that cloth masks are re-usable. They should be laundered after each use).
- DO perform hand hygiene before and after removing mask & face protection.
- DO NOT share your mask with any other persons.
- DO NOT wear if wet or soiled, please use a new mask.
- DO NOT allow mask to hang or dangle around your neck.
- DO NOT touch the front of the mask or face protection when wearing or during removal. The last point is crucial. As soon as someone touches their mask and hasn't cleaned their hands, they have contaminated the mask, and it will defeat the purpose.