

Privilege Checklist

Statement	Yes/True	No/False
1. Did your parents only have to work “regular hours” (Mon-Fri, 9-5) to support your family?		
2. Do you feel safe from sexual assault regardless of where you go in the world?		
3. Can you show affection for your romantic partner in public without fear of ridicule or violence?		
4. You have never been diagnosed as having a physical or mental illness/disability.		
5. Was English the primary language spoken in your family/household while growing up?		
6. Did you have more than fifty books in your house while growing up?		
7. Is it easy to find the kinds of hair products you need and/or cosmetics that match your skin colour?		
8. Were you proud of your clothes or house while growing up?		
9. You have NEVER had your mistakes attributed to a negative stereotype about your race/gender/ethnicity.		
10. Can you legally marry the person you love anywhere in the world?		
11. Did you always have adequate access to healthy food while growing up?		
12. You have NEVER been told that your race/gender was the reason you got a job outside of your ability and qualifications.		
13. Do you feel safe calling the police if trouble occurs?		
14. Do you find it easy and quick to see a doctor whenever you feel the need?		
15. Do you feel comfortable being emotionally expressive/open?		
16. Is your race, gender, religious group and or sexual orientation well represented in your work organization?		
17. Does your work/organization automatically give you time off for your religious/cultural holidays?		
18. Do you feel comfortable and safe walking home alone at night?		
19. Were you able to go on a family vacation as a child without financial or time constraints?		
20. Is there adequate or accurate representation of your race, sexual orientation, gender, and/or disability in the media?		
21. Was most of your history lessons about your ancestors portrayed in a positive light?		
22. You or your parents have NEVER gone through a divorce/separation.		
23. Can you cross the street without looking for curb cuts, ramps, snow debris, or puddles?		
24. Are you assumed to be healthy because of your size?		
25. Can you buy a house or condo without specialized features like extra wide doors, lowered counter tops or elevators?		
26. Can you walk into almost any store and with relative certainty be able to find clothing that fits and is flattering?		
TOTAL		